



# MEDICAL ASSOCIATION OF JAMAICA

# Symposium 2008

June 5—8, 2008, Jamaica Pegasus Hotel, Kingston, Jamaica

## Interactive Workshops

Friday, June 6, 2008

### Workshop 1: Human Sexuality – challenges and opportunities

Dr Alverston Bailey: 9:30a.m. – 11:30am

An interactive workshop which will provide participants with a comprehensive overview of the sociology and physiology of human sexuality. They will also be given an update on the management of common sexual disorders. Participants will also be involved in interactive role-playing to enhance the learning experience.

### Workshop 2: The ABCs of Neurology for the General Practitioners

Dr Michele Lee: 11:45a.m - 1:45pm

From this workshop, the appropriate history needed will be discussed. A detailed overview of the essential parts of the neurological examination of the patient needed to determine where the lesion is, if the disorder is emanating from the central nervous system, whether it is part of a systemic illness and what significant findings are there that warrant referral to a neurologist will be addressed.

### Workshop 3: Managing Acute Sports Injuries

Dr Paula Dawson: 2:00pm - 4:00pm

This session is intended for physicians who are interested in Sports medicine and in managing acute sports injuries. The workshop will seek to identify the nature of the injury: Is it a torn muscle, torn or avulsed ligament or other types of injury or hairline fracture? What should the initial management be? When does one choose topical or parenteral analgesics, ice or heat therapy will also be discussed. The criteria for removing the sportsman from play vs. when it is safe to return the athlete to the sport will be clarified. The long term management will also be discussed.

Saturday, June 7, 2008

### Workshop 4: ECG & Dysrhythmias

Dr Marilyn Lawrence-Wright: 9:30am – 11:30a.m.

This is an interactive workshop that will teach how to read an ECG; how to identify normal sinus rhythm, distinguish benign variations from pathological rhythms, identify pathological tachycardias, identify atrial fibrillation, ventricular fibrillation, sick sinus syndrome, other lesions such as bundle branch block, myocardial infarction, atrial and ventricular hypertrophy and to identify need for immediate or leisurely referral.

### Workshop 5: Lower Back Pain – When is it serious?

Dr Edgar Abbott: 12:30 pm - 2:30pm.

At the end of this workshop, participants will be able to diagnose Sciatica and its aetiology and to distinguish this from other causes of lower back pain. During this workshop the critical signs needed to localize the site of nerve compression/irritation, investigations to be done, and radiological signs to look for on an X-Ray of L-S Spine will be discussed. The following areas will also be included:

“Is the presence of degenerative changes enough to make a diagnosis? When should an MRI be ordered? When are degenerative radiological signs serious?” Is there a role of the chiropractor? The management and prognosis will be discussed as well.

Sunday, June 8, 2008

### Workshop 6: Examination of the Shoulder Joint

Dr. Don Gilbert: 10:00am-12:00pm.

The purpose of this session is to determine the tissues involved in a painful shoulder with or without limitation of movement. It will clarify the characteristics of tendonitis, capsular pathology, and bony pathology, calcification in the joint and joint strain from occupation. The examination needed to determine one pathology vs. the other will be discussed. What investigations are necessary will be explored. The role of an MRI will be clarified. The management of physical therapy, the types and the duration will be delineated. The prognosis for a painful shoulder will be discussed.

Fee per Workshop: - \$2,500.00 (members). \$3,000.00 (non-members)

Delegates attending workshops must book in advance. The maximum number of delegates per workshop – 20.

For further information contact the MAJ Secretariat at Tel: 946-1105 or email:

[medassnjam@cwjamaica.com](mailto:medassnjam@cwjamaica.com)

CME: 2 Hrs per Workshop